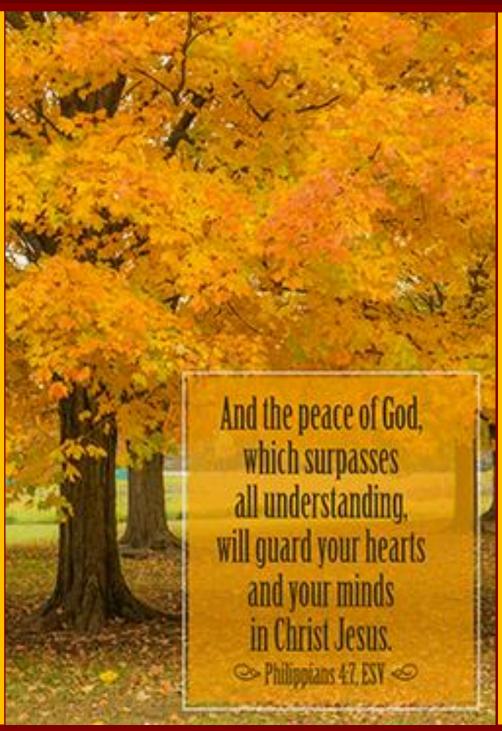
Founded in 1890



OCTOBER 2024

Volume 67 Issue 10

A Monthly Publication of Mount Zion Baptist Church



Our Vision

Mount Zion is called to be a Christ-Centered Church that addresses the needs of the total person through:

- Liberating worship
- Life-transforming Christian Education
- Progressive and timely ministries
- Effective social activism

OUR MISSION

Mount Zion Baptist Church exists to:

- Proclaim the Gospel of Jesus Christ
- Develop mature Christian disciples
- Empower the hurting for victorious living
- Seek God's justice in the world

Scripture References:

Mark 16:15 and Matthew 28:19-20, 25:34-40

One God... One People... One Purpose

MOUNT ZION BAPTIST CHURCH

1634 Rev. Dr. S. McKinney Avenue ~ Seattle, Washington 98122 Office: Tuesday, Wednesday and Friday ~ 11:00 a.m. to 3:00 p.m. 206-322-6500

 $in fo@mountzion seattle.org \sim https://www.mountzion.net\\ https://mtzbcseattle.sharepoint.com/ZIONEWS$

Staff

Catherine Acox, Emma Cotton, and Deborah Hilsman, Office Volunteers
Yvonne Ervin Carr, Publications
Iray Frederick, Phillip Miller and George Thomas, Security
Alain Patience Mizero and Anthony Hopkins, IT/AV
Fred Byrdwell and Wadie Ervin, Musicians
Phyllis M. Byrdwell, Minister of Music

ASSOCIATES IN SERVICE

Reverend R. Marthel Barlow
Reverend Dr. Phyllis R. Beaumonte
Reverend Paul R. Edwards

Reverend Dr. Patricia L. Hunter Minister Edward L. Jackson Reverend Shirley E. Lytle Minister Nathaniel R. Miles Reverend Dr. Julie L. Vaughn

THE GREAT COMMISSION



"All authority has been given to Me in heaven and on earth. Go, therefore, and make disciples of all the nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age."

Matthew 28: 18-20

INSIDE THIS ISSUE Church Information p. 3 **Thoughts and Prayers** p. 4 Birthdays/Anniversaries p. 5 **Sunday School Lessons** p. 6 **Spiritual Growth** p. 7 **October Calendar** p. 8 **World Mammogram Day** p. 9 **Nominating Committee** pp. 10 - 11 Announcements pp. 12 - 13 **Usher Ministry** pp. 14 - 15 **Breast Cancer Resources** p. 16 **Seniors Matter** p. 27 Young Adult Ministry pp. 18 - 19 Team Issachar p. 20 **Thank Yous** p. 21 Women's Ministry News p. 22 Metro/Heather Harris p. 23 **Community News** pp. 24 - 25 Advertisements pp. 26 - 27 **Church Leaders** p. 28



PUBLICATIONS

THE MESSENGER, our Church bulletin, is published every Sunday. Written announcements should be sent to Publications. Send announcements to be read during the service to announcements@mountzionseattle.org.
All announcements are due by 3:00 p.m. on Wednesday.

THE ZIONEWS is distributed on the first Sunday of each month; it is also available on the website: www.mountzion.net.

The deadline for submitting articles is the

15th of each month.

You may send articles and announcements via e-mail to yearr@mountzionseattle.org
Mount Zion information receives priority and all other announcements and articles will be considered based on space availability and content.

The Zionews Coordinating Committee was organized in 1956 by Deacon Tom Brown under the pastorate of Reverend Gil B. Lloyd.

Charter members included Edith Smith, Bessie Lyles, and Alva Smith. F. J. Johnson, Jr. was the editor of the first edition published in 1957.

That same year, the Committee expanded to include Yvonne Beatty, Zelda Brown, Clara Coleman, Nora Hatter, Helen Hornbuckle, Willie Horton, Katherine Houston, Linzy Macklin, Marguerite Robinett, S.C. Valley and Barbara Washington.

The mimeographed, hand-stapled Zionews was distributed every Sunday after church services.

IN OUR THOUGHTS AND PRAYERS

Ms. Catherine Acox Ms. Sadikifu Akina-James Mrs. Mildred Albert Ms. Kandace Alston Mr. Arcelious Bailey Mr. James Baldwin Ms. Carol Bell Mr. Chris H. Bennett Mrs. Dolores Booker Mrs. Shirley Britt Mrs. Susie P. Brooks Deacon Mozell Brown Mrs. Patricia Bruce-Sullivan Mrs. Patricia Butler Mr. Clarence and Mrs. Frances Cal Mr. Dennis W. Carlisle Ms. Shantil Carlisle Former US President Jimmy Carter Mrs. Vannetta Cash Ms. Cheryl Coleman Mr. Robert and Mrs. Joyce Coleman Ms. Carolyn Davis-Johnson Ms. E. Carolynn Daye Mrs. Jocelyn Edwards Ms. Lori A. Emerson Deacon John H. Ervin, Jr.

Ms. Robin Finley

Ezra Frazier

Mr. Iray Frederick

Mrs. Raven Franklin Mrs. Wanda Gaston Mrs. Julia Hailey Rev. Dr. LaVerne C. Hall Ms. Carmen Harris Mr. Ivory Joe Harris Ms. Jeri Harris Mr. Richard Harris Ms. Irma Jean Hill Ms. Marthyann Horn Ms. Jessica Howard Mr. Joe Hunter Mrs. Olive J. Hunter Mr. David Irwin Min. Edward L. Jackson Ms. Regina Jackson Mrs. Rita Jenkins Ms. Carolyn Johnson-Davis Ms. Chavela Johnson Mr. Tommy Johnson Mrs. Rosie Johnson Deacons Wallace and Anne Johnson Mrs. Dorothy Jones Ms. Regina Jones Mr. Derrick and Mrs. Karen Jones Mrs. Willie Mae Jones Mr. Raphael Madison Dr. Lora-Ellen McKinney

Ms. Mary Melrose Mr. Phillip Miller Ms. Lynnet Mitchell Deacon Robert Nelson Mr. Tom Nesby Ms. Grace Oatis Mrs. Vera Patterson Deacon Moszell Pennington Mr. Reginal Pennington Mrs. Evelyn Peterson Mr. Gilbert Petitt Ms. Evelyn Reingold Mr. Stephen Riggins Mrs. Anna B. Rivers Deacon Barbara L. Rogers Mrs. Gloria Ross Ms. Regina Shelby Deaconess Doris Smith Mr. Isaac Stewart Mrs. Juanita Thomas Deacon Michael Twiggs Ms. Linda Upshaw Mr. Steven Walcott Miss Averionna Wade Mr. Richard Weeks Mr. Alvin Whittaker

Bishop Ben E. Williams

Ms. Gracie Williams Mr. Herman and Mrs. Sharon Williams

Praying for Healing and Recovery

With Sympathy



223 reported deaths

Our condolences, prayers, love and support are extended to the family and friends of

Rev. Dr. Cecelia Williams Bryant; Legendary actor Mr. James Earl Jones, Legendary singer Mr. Frankie Beverly, Mr. David Dinish; Mrs. Carol Flanagan Gregory; Mr. John Massey,

Mr. Gregory O. Brooks, father of Marla and Ulta Brooks
Mr. William E. Bailey, Jr., son of Margaret Briscoe;
Ms. Carolyn Campbell, daughter of Joe and Carolyn Dukes;
Deacon Donald Yee, husband of Deacon Elizabeth Yee and father of Kent and Min. Perry Yee;

Ms. Jacque Frazier Brown, sister-in-law of Winona (John) Hollins-Hauge;
Mr. Andrew V. Ratcliff, brother of Rev. Dr. Phyliss R. Beaumonte;
Mr. George French, brother of Lynn (Diane) French;



*Carter, Former President Jimmy

Ransom, Caroline E.

2

Richards, Barbara J.

Hobbs, Darlene T.

Dahlke, Guy D.

Curvey, Gordon E.

Delcoure, Linda J.

Keaton, Crystal

Kelsie, Harold O.

Bennett, Jordan C.

Benjamin, Krista T.

6

Jimale, Tanya R.

* Wallace, Katherine L.

*Rivers, Anna B.

Sullivan, Jaimie L.

Harris, III, Dewitt A. Boston, Sylvia M.

Piggee, Daphne E.

12

Daye, E. Carolynn

Duncan, Trenia S.

13

Mabiala, Olivier

14

Jones, Matthew A.

Charles, Darrell R.

Nicholson, Ashley

Buchanan, James W.

19

Cameron, Samuel S.

20

Kelly, Beverly J.

Johnson, Zahdell C.

21

Jackson, Donna M.

*Coleman, Joyce R.

*Esteemed Seniors

23

Spears, Angelisa C.N.

*Babb, Pierre C.

Hopkins, Anthony W.

Johnson, Genevieve

25

Jennings, Marie

Hightower, Eva L.

26

Haynes, Dorothy H.

Hedgemon, Gabrielle

27

Benjamin, Anthony

28

Bell, Carolyn S.

29

Twiggs, Michael E.

Bell, Carol K.

Kelsie, Koren J.

Howard, Djomme

Williams, Keosha J.

31

Johnson, Jason Y.



Mr. Chris and Mrs. Gloria Bennett

celebrated their Golden Anniversary on September 26th.



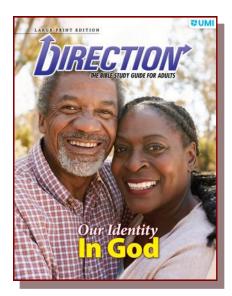


Mr. Robert and Mrs. Joyce Coleman

celebrate their 67th Wedding Anniversary on October 12th



OCTOBER SUNDAY SCHOOL LESSONS



PRECEPTS FOR LIVING

Precepts For Living®: Principles for Living in an Unhinged World is for individuals and churches who sense the world needs change and covenant to apply God's wisdom to earthly problems.

In the clutter and busyness of day-to-day life, it's often hard to find time to study God's Word. *Direction*® helps urban adults (25+) cut through the clutter to focus on their relationships with Jesus Christ.

Based on UMI's *Precepts for Living commentary*®, *Directions*® encourages in-depth reading, studying, and application of the Bible for continued spiritual growth.

October 6, 2024: PARTNERSHIP

Godly Partnership Brings Victory ~ Judges 4:1-10

People called to be leaders might doubt their capabilities. How do leaders deal with their doubts! Godly partnerships can help us overcome insecurities and win the victory! Barak willingly went into battle after the prophetess Deborah agreed to accompany him.

October 13, 2024: COMPASSION

A Covenant of Compassion ~ Ruth 1:6-11 and 14 - 18

When bonded by love and strong compassion towards one another, people who are unrelated by birth can commit to entering a covenant relationship. What drives and sustains this relationship? Although Naomi begged Ruth to return to her people, Ruth clung to her mother-in-law and vowed her loyalty until death.

October 20, 2024: FRIENDSHIP

The Bond of Friendship ~ 1 Samuel 18: 1 - 5; 19: 1 - 7

Sometimes we are challenged to compromise our loyalty to a beloved authority figure to keep a promise made to a trusted friend. Whom does one choose? Jonathan chose to keep his promise to love and protect his friend David despite his father's insane hatred of David.

October 27, 2024: Boldness

Boldness to Stand Courageously in God's Providence ~ 1 Kings 18: 5 - 18

People like to go their way until faced with a crisis beyond their control. How shall we respond to the advice of those with great wisdom and insight? In 1 Kings, God sent Elijah to stand before the people and boldly warn them of impending disaster.

Dr. Georgia S. McDade Sunday School Superintendent



Sister Gracie Williams, Assistant Sunday School Superintendent

SPIRITUAL GROWTH OPPORTUNITIES

VIRTUAL BIBLE STUDY

Adults - Weekly: Wednesday, October 9th, 16th, 23rd, and 30th at 7:00 p.m.

Rev. Dr. Phyllis Beaumonte, Instructor

Young Adults - Monthly: Third Thursday, October 17th at 7:00 p.m.

Rev. Shirley Lytle, Instructor

CHILDREN'S IN-PERSON SUNDAY SCHOOL CLASS

9:00 a.m. ~ Room 205

Sisters Carol Bell, Belinda Butler-Bell and Daphne Piggee, Instructors

CHILDREN'S CHURCH

10:00 a.m. ~ Room 205

Sisters Deborah Hilsman and Gwen Howard, Instructors

CHILDREN'S SUNDAY SCHOOL CLASS

Grades 3 - 5. ~ 9:00 a.m., Room 212B

Contact Dr. Karen Jackson, Instructor - karjackson9@gmail.com (206.605.1288)

YOUTH SUNDAY SCHOOL CLASS ~ YOUTH LOUNGE

9:00 a.m. ~ Sister Debra Coleman, Instructor

ADULT SUNDAY SCHOOL CLASS #2 IN-PERSON AND VIA ZOOM

9:00 a.m. ~ Room 206

https://us02web.zoom.us/j/86540264986?pwd=SXhzZDBBRkdzWEJzWTZ0bldlczFtUT09

Meeting ID: 865 4026 4986 Password: 311725#

One tap mobile: +12532158782...86540264986#...0#...311725# US (Tacoma)

Contact Dr. Georgia McDade, SS Superintendent or Gracie Williams, Assistant Superintendent

ADULT SUNDAY SCHOOL CLASS #3 IN-PERSON

Room 206 at 9:00 a.m.

Min. Edward Jackson and Sister Maxine Moore, Instructors

ADULT SUNDAY SCHOOL CLASS #4 FACEBOOK

Mount Zion Baptist Church Adult Sunday School 9:30am | Facebook www.facebook.com/MountZionAdultSundaySchoolRoom Dr. Virgie Harris-Haley, Instructor



Third Sundays at 5:00 p.m. Deaconess Doris Smith, Coordinator Use your cell phone to call 425.436.6306. The access code is 147230#

Monday through Saturday at 7:00 a.m.

Monday, Tuesday, Thursday and Friday at 7:30 p.m.

PRAYERLINE TELECONFERENCE SERVICE

Use your cell phone to call 425.436.6306. The access code is 147230#
Sister Elma Horton. Coordinator 206.325.6941



OCTOBER CHURCH CALENDAR

WEEKLY IN-PERSON

	October 2024								
s	М	Т	W	Т	F	S			
		1	2	3	4	5			
6	7	8	9	10	11	12			
13	14	15	16	17	18	19			
20	21	22	23	24	25	26			
27	28	29	30	31					

SUNDAY - SUNDAY SCHOOL: 9:00 A.M., #114, 205, 206 & 208 SUNDAY - WORSHIP SERVICE: 10:00 A.M., SANCTUARY SATURDAY - TEAM ISSACHAR: 10:00 A.M., #117 SATURDAY - CHOIR REHEARSAL: NOON, SANCTUARY THE OFFICE IS CLOSED ON MONDAYS AND THURSDAYS

October is World Bullying Prevention Month, Domestic Violence Awareness Month, and National Breast Cancer Awareness Month. You are encouraged to wear something PINK each Sunday

IN-PERSON MEETINGS AND EVENTS

OCTOBER 5TH ~ BLACK HERITAGE CELEBRATION - 10:00 A.M.
OCTOBER 5TH ~ DIACONATE RETREAT - 11:00 A.M., YOUTH LOUNGE
OCTOBER 6TH ~ HOLY COMMUNION SUNDAY - 10:00 A.M.
OCTOBER 6TH ~ ABIGAIL CIRCLE - NOON, ROOM 208
OCTOBER 6TH ~ ARTS MINISTRY MEETING - FOLLOWING THE SERVICE, CHAPEL
OCTOBER 12TH ~ YOUTH USHERS - 10:00 A.M.. SANCTUARY
OCTOBER 12TH ~ ADVISORY COUNCIL MEETING - 11:00 A.M., FELLOWSHIP HALL
OCTOBER 13TH ~ CANCER SUPPORT GROUP SUNDAY - 10:00 A.M.
OCTOBER 13TH ~ EUNICE CIRCLE - NOON, ROOM 208
OCTOBER 13TH ~ PRISCILLA/SOJOURNER TRUTH CIRCLE, ROOM 212B
OCTOBER 14TH ~ INDIGENOUS PEOPLES' DAY

OCTOBER 15TH ~ MISSIONS AND EVANGELISM - 11:00 A.M., #206
OCTOBER 18TH ~ GOD'S GROCERIES - NOON, NORTH PARKING LOT
OCTOBER 20TH ~ YOUTH SUNDAY/YOUNG ADULT SUNDAY - 10:00 A.M.
OCTOBER 20TH ~ YOUTH/TRINITY METHODIST CHURCH ~ NOON, PARLOR
OCTOBER 20TH ~ NCNW SEATTLE SECTION ~ 2:00 P.M., PARLOR
OCTOBER 27TH ~ USHER MINISTRY SUNDAY - 10:00 A.M.

MOBILE

CALL 425.436.6306 CODE 147230#

PRAYERLINE ~ MONDAY THROUGH SATURDAY AT 7:00 A.M. MONDAY, TUESDAY, WEDNESDAY, AND FRIDAY AT 7:30 P.M. OCTOBER 20TH ~ UNITY SUNDAY SERVICE AT 5:00 P.M.

VIRTUAL BIBLE STUDY

WEDNESDAY BIBLE STUDY ~ BOOK OF REVELATION

OCTOBER 9TH, 16TH, 23RD, AND 30TH AT 7:00 P.M. ~ REV. DR. PHYLLIS R. BEAUMONTE

YOUNG ADULT BIBLE STUDY ~ EMOTIONALLY HEALTHY SPIRITUALITY

OCTOBER 17TH AT 7:00 P.M. ~ REV. SHIRLEY E. LYTLE

OCTOBER IS BREAST CANCER AWARENESS MONTH

World Mammography Day
Screening Event
Rainier Beach Community Center
8825 Rainier Ave S Seattle 98118
Saturday, October 19
7:30am-4:00pm
Free* Mammograms by Appointment
Mamografías Gratis con cita previa

Women 40 Years & Older
King County Residents
BCCHP enrollment for Income Eligible,
Underinsured or Uninsured
Women with Insurance Also Welcome

*BCCHP enrollment covers the cost of the mammogram for uninsured or under insured women. If you have insurance, you have zero out of pocket cost for preventative services Mujeres de 40 años o mayores
Residentes del condado de King
Inscripción de BCCHP para ingresos elegibles
Ingreso limitado o sin seguro médico
Mujeres con seguro médico bienvenidas

*La inscripción en BCCHP paga el costo de la mamografía para mujers sin Seguro o con Seguro insuficiente. Si tiene Seguro, no tiene gastos de bolsillo por servicios preventivos

Call to Schedule 800-756-5437











NOMINATIONS FOR CHURCH LEADERSHIP POSITIONS ARE NOW OPEN!

The Mount Zion Baptist Church Nominating Committee is seeking qualified members to fill officer and ministry/board positions for 2025. We are seeking members in good standing to join our church leadership team. All members are welcome to be considered for open church leadership positions. Those nominated shall be a member of Mount Zion, have the necessary skills for the position and be willing to carry out the responsibilities of the position. Interested candidates must be willing to be interviewed by the Nominating Committee to discuss your qualifications. Elections will be held at Mount Zion in the Fellowship Hall on Saturday, November 9, 2024, at 10:00 am.

The following positions are open in 2025:

Open Church Officer Positions (1-Year Term):

Church Clerk	1 Position
Assistant Church Clerk	2 Positions
Assistant Treasurer	1 Position
At-Large Advisory Council (Adult)	1 Position
Church School Superintendent	1 Position
Assistant Church School Superintendent	1 Position
Church Financial Secretary	1 Position

Open Ministry/Board Positions (3-Year Term):

*Christian Education Board	6 Positions
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Children

Youth

Young Adults

Adults

Leadership Development

Mission Education

*Finance Board 4 Positions

Missions and Evangelism Ministry 4 - 5 Positions

*Trustee Board 4 Positions

Building Ministry 4 - 5 Positions

^{*}Background check required

NOMINATING COMMITTEE

Per the Church Constitution, Article VIII – With the exception of the Diaconate Ministry, all other ministry board members shall serve for a term of three (3) years. No person shall serve more than two (2) consecutive terms. After a Church member has held office for two (2) consecutive terms, he or she shall not be eligible for re-election to the same office for a period of one (1) year after the expiration of the second term. Positions listed with an asterisk (*) require a background check.

The Committee also requests a typewritten biography of up to 150 words which includes a summary of the nominees' church activities and the experience and expertise they will bring to the position. Nomination Forms and job descriptions are available in the church lobby, church office, and online at **www.mountzion.net.** Interested candidates may only run for **one** position per ballot. Please submit completed forms to the church office or email to Deacon Leslyn Jones-Petitt, Nominating Committee Chairperson, at lespetitt@hotmail.com.

Elections will be held on November 9th at 10:00 a.m. in the Fellowship Hall. If you have questions about the nomination process, please contact any member of the Nominating Committee:

Deacon Leslyn Jones-Petitt, Chairperson Jeremiah Hobbs, Vice-Chairperson Rev. Shirley Lytle, Secretary Deacon Joel Hobbs, Sr. Elma Horton Min. Nate Miles Patience Mizero Anna B. Rivers Rev. Dr. Julie Vaughn







Washington mails a ballot to every registered voter a few weeks before the election. Keep an eye on the mailbox! Be sure to mail it back so that it is postmarked by Election Day, or drop it in a drop box before or on Election Day. You can also vote in person if you prefer to do so. Washington offers early voting.

Voter registration forms are available at the information table in the foyer.

VOTING DEADLINES:

- Early voting : October 18th November 5th
- Return ballot by mail (postmarked by): November 5th
- Return ballot in person : November 5th by 8:00 p.m. PST
- Washington starts sending ballots to all active registered voters :

October 18th

General Election: TUESDAY, NOVEMBER 5TH

*Special **THANX** to our September Volunteer Voter Coordinators



*Winona Hollins-Hauge

CHURCH ANNOUNCEMENTS

CANCER SUPPORT GROUP

It's October and Breast Cancer Awareness Month. Please wear something during the month of October to help women and men and children to remember early detection and screening provide healthier lives.

If you are interested in supporting and encouraging individuals who are on a cancer journey, please consider being a part of Mount Zion's Cancer Support Group. **Contact Health Ministry Members**, **Patricia Bruce-Sullivan**, **Deacon C. Maxine Jenkins**, or ministrygroup.help@gmail.com

ADVISORY COUNCIL MEETING

The Advisory Council will meet on Saturday, October 12rh at 11:00 a.m. in the Fellowship Hall. Please contact *Deacon John Capps* for additional information.



GOD'S GROCERIES are distributed from Noon to 2:00 p.m. every THIRD FRIDAY, Join us October 20th in the North parking lot for FREE food.

Contact Phillip Miller for more information.

ARTS MINISTRY MEETING

The Arts Ministry will meet in the Chapel following the October 6th worship service to make plans for future events. We are encouraged by the enthusiastic response to *Our Stories* interview session and welcome your input. Please join us!

Debra Harris Branham, Malver Haynes, and Patricia Bruce-Sullivan, Co-Chairs

VIRTUAL WEDNESDAY BIBLE STUDY

The Wednesday night Virtual Bible Study will begin on October 9, 2024, from 7:00 to 8:00 p.m. *Rev. Dr. Phyllis R. Beaumonte*, will teach A Study of the Book of Revelation. Everyone is invited and encouraged to attend

VIRTUAL THIRD THURSDAY YOUNG ADULT BIBLE STUDY

The next session will be held on October 17th at 7:00 p.m. We will continue our discussion on Emotionally Healthy Spirituality by Peter Scazzero. *Rev. Shirley Lytle, Instructor*

- ⇒ In consideration of our limited staff, please complete a Room Reservation form **prior** to your meeting.
- ⇒ **VOLUNTEERS** are needed for the AV/Tape Ministry. We will provide the necessary training. Contact *Tony Hopkins, AV, or Patience Mizero, IT.*

https://www.mountzion.net







CHURCH ANNOUNCEMENTS

TRUSTEE MINISTRY

WAYS TO GIVE CHEERFULLY AND GENEROUSLY

To help maintain our daily operations, the Trustees encourage you to

- (1) <u>MAIL</u> your tithes, offering and donations to the church. Please include your membership number on your giving envelope and **send check/money order payable to Mount Zion.**
- (2) Use your cell phone to **TEXT MZBC** and **enter 73256**.
- (3) GIVE DURING THE SUNDAY WORSHIP SERVICE.
- (4) DROP BY on Tuesdays, Wednesdays or Fridays, Noon until 2:00 p.m.
- (5) **ONLINE** at **www.mountzion.net**. Click **GIVE** and follow the instructions.
- (6) QR CODE

Giving envelopes are available in the lobby and Church office.



The Crack Sealing and striping the South Parking lot is scheduled for October 9th and 10th, weather permitting, **No parking will be allowed during that time frame.**

Min. Nate Miles, Trustee Chairperson

VETERANS MINISTRY

The Veterans Ministry is making plans for next month. We invite you to join us, specially our new members! If you are a member of Mount Zion and a veteran and have not submitted a photo with information about your branch of service, please contact **Deacon Albert Mungin, Chair.**

You may submit your military photo to ycarr@mountzionseattle.org.

CHARITY MINISTRY

Please remember the many who are experiencing financial difficulties. Write <u>CHARITY</u> next to the "Other" line of your giving envelope so we may assist the growing number of families in need. A special collection is taken on the **First Sunday**. Your generous donation will be greatly appreciated.

Deacon Ricky Cotton, Charity Ministry Charity

VOTE!

PLEASE REGISTER TO VOTE! Registration forms are available in the lobby. Questions?

Contact Winona Hollins-Hauge, Mary Hopkins or Brenda Charles-Edwards.

CHURCH ANNOUNCEMENTS AND ZIONEWS DEADLINES

- ⇒ Church announcements are due by **3:00 p.m. on Wednesday.** Send typed announcements to **announcements@mountzionseattle.org**
- ⇒ Zionews articles are due by the **15th** of each month. Send to **ycarr@mountzionseattle.org**



A TRIBUTE TO OUR USHER MINISTRY

October is the month our Usher Ministry celebrates its Anniversary. Carr Notes salutes this ministry that has faithfully served our Church for over 100 years.

While early records are scarce, we know that ushers/greeters have been on duty since the doors of Mount Zion were open whether in a store front on 14th and Madison, a building on the UW campus, a rented hall downtown, a wooden structure on 11th and Union, a brick House of Worship on 19th and Madison or our current Afric-centric Sanctuary.

Available documents credit Bell Henry Dean for the formal establishment of an Usher Board in 1927. Twenty years later, during the presidency of George Nichols, Tom Brown assumed a major role in re-organizing the Usher Board and helping to establish the Puget Sound United Ushers. The PSUU later joined the National Ushers of America.

The Youth and Junior Usher Boards were organized in 1958 under the pastorate of Rev. Dr. Samuel B. McKinney. Ora Nichols was the first Junior Usher Counselor; she was later assisted by Mary Hardiman and Perthalene Turner. Oreba Ward spent several years making uniforms for the young people to wear while on duty during Junior Church Services held in the "basement." Early Youth Counselors included Ceatria Daye, Odessa Pascal, Geneva Gay, Lou Annie Charles and Levi Townsend.

The Usher Ministry has always taken an active leadership role in the life of the Church. They have purchased office and kitchen equipment, furniture, raised money for building fund efforts and awarded youth scholarships. Members hold offices and participate in local, state, regional and national conferences and conventions. Many, like the late Helen Hornbuckle, Robert Herring and Floreen Birts have been honored for their service as doorkeepers.

Ushers who have provided multiple years of service as President include *Olive J. Hunter, Deacon Joel Hobbs and Emma Cotton. Gloria Bennett* is the current President. *Lou Annie Charles has been actively involved with the Usher Ministry for nearly 80 years! Brava To Cora Dunn and Olive Hunter for their longevity of service as well.*

Bennett, Gloria - President

Hobbs, Darlene - Treasurer/H.U.
Hobbs, Joel, Sr. - H.U. 5th
Carlisle, Gayle - Fin. Sec
Charles, Lou Annie - H.U. 4th
Coleman, Debra - Secretary
Cotton, Emma - H.U., 1st
Dunn, Cora A. - Cheer
Crawford, Mary
Edwards, Kenneth

Hobbs, Jeremiah - Vice-President,/Youth Advisor Holmes, Adreianna Horton, Elma Howard, Alberta Howard, Gwendolyn Hunter, Olive J. Jones-Crawford, Teresa Ling, Mary Marshall, Catherine Marshall, Clifton Pennington, Glenn Peterson, Carrie Randall, Yolanda Ransom, Carol Rogers, Barbara Shumate, Alice Sullivan, Eric Thomas, Tanya

THANK YOU! Ushers for your many contributions to Mount Zion and this community. Your Church Family appreciates your faithful and dedicated service.

For a day in thy courts is better than a thousand. I had rather be a doorkeeper in the house of my God than to dwell in the tents of wickedness. Psalm 84:10

Mission Statement:

The Ministry of Church Ushering is a sacred and powerful responsibility. A Church Usher helps the Pastor by making sure all members and guests are greeted warmly and doing what is necessary to put guests in the right frame of mind for worship. Church Ushers must possess a spirit of meekness and humility and must be well trained in all aspects of the techniques of Church Ushering in order to master the situations that may arise during a church service.

Goals and Objectives:

To serve as doorkeepers in the House of the Lord, united in one love, one body, striving to do God's work, who is our Light and the Joy of our salvation. Asking God to lead, guide and order our steps which will allow us to keep smiling, prepared to assist in all situations and conditions, for an Usher enters into the presence of the Lord with thanksgiving and into His courts with praise.

A continuing objective is to increase the Usher membership, both Senior and Youth ministries



JUNIOR/YOUTH USHERS



Hobbs, Jeremiah - Advisor Emma Cotton and Clifton Marshall Co-Counselors Bennett, Jordan - Youth Advisory Council Member-at-Large Representative

Julia Bonga Aidan Brown
Amina Brown Jeremiah Buckley
Josaphina Buckley Ja'Mario Hinton
Felicity Reynolds Yeletta Reynolds
Caitlynn Swanston Cecilia Vaquedano



Gloria Bennett, President



Have you made your 2024 screening appointment yet? Do *YOU* have a female family member: mother, sister, aunt, grandmother, daughter, niece, cousin, or friend that you care about? ASK them if they have made their mammogram screening appointment this year. Don't be shy, It's Important.

If you or someone you know is in need of local resources, please contact me

Eudora Lowery Carter, Project Coordinator

Breast, Cervical and Colon Health Program (BCCHP)

YOUR Body. YOUR Life. Protect Both.

Breast Care Patient Navigation, Self-Monitoring Blood Pressure Program, ACCESS Food Program

Center for MultiCultural Health
1120 E Terrace St, Suite 200 ~ Seattle, WA 98122-7405
206-461-6910, ext 218



https://www.nationalbreastcancer.org/about-breast-cancer

Breast cancer is a type of cancer where cells in the breast tissue divide and grow without normal control. It is a widespread and random disease, striking women and men of all ages and races. It is the most prevalent cancer in the world today.

In 2023, roughly 1.9 million people will be diagnosed with cancer in the United States. An estimated 297,790 women and 2,800 men will be diagnosed with breast cancer which makes it the most common cancer diagnosis. The exact cause of the disease is unknown, and at this time, there is no cure.

But there is hope. Thanks to heightened awareness, early detection through screening, improved treatment methods and increased access to breast health services, people have a greater chance of survival than ever before.



Breast Cancer Facts and Statistics (komen.org)

What is breast cancer?

Breast cancer occurs when cells in the breast divide and grow without their normal control. Tumors in the breast tend to grow slowly. By the time a lump is large enough to feel, it may have been growing for as long as 10 years. Some tumors are aggressive and grow much faster.

About 80 percent of breast cancers begin in the milk ducts, about 10 percent begin in the lobules and a few begin in other breast tissues.

1 in 8 women will be diagnosed with breast cancer in her lifetime.

That's one person every 2 minutes in the U.S.

SENIORS MATTER!



BREAST CANCER AWARENESS MONTH!

Bridgette Hempstead was a 22-year three-time breast cancer survivor when she received her diagnosis on her 35th birthday. At that time, she found no resources for African American women. Therefore, she became the solution, and Cierra Sisters, Inc. was born. She found that women's fear of breast cancer was due largely to the lack of knowledge.

Bridgette's personal narrative and hands-on approach have educated and empowered a community of women, as well as men, whose health had previously suffered under the influence of cultural



stereotype and racial bias. In the spirit of the activism that drives Cierra Sisters and the self-empowerment perspective it provides, Bridgette's work also includes the development of an evidencebased breast health curriculum for community members to share.

Bridgette is a singer, and a songwriter, Her single, "Sista Don't You Know," has sold out at every conference where she has shared healing through song. She is an author who published a medical journal article, COMMUNITY EMPOWERMENT PARTNERS (CEPs): A Breast Health Education Program for African-American Women: http://link.springer.com/article/10.1007/s10900-018-0490-4

Please attend:

2024 Cierra Sisters World Mammography Day on Saturday, October 19 from 12:00-2:00 p.m. at the

Rainier Beach Community Center - 8825 Rainier Avenue South Seattle 98118

Sister Bridgette will be the guest on Seniors Matter! Friday, October 18th at 12:30 p.m. where she will share her story.



For more information about issues that affect seniors, and the community, listen to Seniors Matter! hosted by *Mrs. Brenda Charles-Edwards*, every Friday at 12:30 p.m. PST on www.rainieravenueradio.world; www.facebook.com/rainieravenueradio.world/videos; YouTube, and Rainier Avenue Radio app.

Mrs. Charles-Edwards is a Certified End of Life Planning Facilitator;
Mobile Notary Signing and AARP Fraud Specialist
brenda@blackorchidenterprises.com
206.683.2636



By Rev. Shirley E. Lytle

There is a different pandemic that is consuming today's churches...Lack of young adults to take the lead into the next century. A survey that reached 71, 152 households was conducted from Feb, 6 to March 4, 2024. Vermont (75%), New Hampshire (66%) and Maine (66%) have the highest share of adults who say they never or seldom attend church or religious services, compared to the national average of 49%, per a new Axios analysis of Household Pulse Survey data. Washington is rated as 60% and higher do not attend church. Young Black adults are less likely to attend predominantly black congregations.

Per Generation (age groups) of Black adults attending church:

- Generation Z 53% (Ages 12 to 27)
- Millennial 53% (Ages 28 to 43)
- Generation X 58% (Ages 44-59)
- Baby Boomers 66%. (Ages 60-69)
- Silent Generation 66%. (Ages 70 to 78)

Why does this data matter? Americans have reported that religion's role in the public life is shrinking and it is the highest-level sense 2001. The reality is religious service attendance has been dropping for decades states the Gallup polls. Our sermons and music do not relate to a wide variety of individuals attending and giving to the church.

This is why the young adult ministry is so vital. Our goal is to empower young adults to function in a way that provides spiritual, emotional and physical growth. The young adult ministry within the Mount Zion church consists young adults between the ages of 18 and 40 years old. This population consists of new members and those who have spent much of their time at Mount Zion Baptist Church. Some of the congregants work as ushers and on various committees. Now more than ever we need to encourage and empower the young adults within the body of Christ to stand tall and move with authority.

On the 3rd Sunday of the month, young adults are part of the order of service.

There is a monthly Bible study that is held on the 3rd Thursday of the month. Various topics are discussed that support where they are in life.

Topics such as:

Finding and maintaining your faith in hard times.

Transitioning from college to adulthood.

Finding your spiritual gift and walking in authority.

Where is God and how do I find Him?

Learning what true spiritual and emotional freedom looks like.

Individuals within this ministry come from all over. They have served in the military. They work within the Microsoft, Amazon, Expedia, etc. They hold down positions of authority and support the church with their tithes and offerings. They are mothers, fathers, nurses, financial analyst, technology analyst and more.

We must make the relationship with God and fellowship with the church a spiritual and meaningful experience. The challenges that young adults are dealing with have a wide range of various trauma related life experiences. Few if any of these topics are preached or discussed within the church.

MOUNT ZION YOUNG ADULT MINISTRY

Examples:

- Date rape and abortion
- Finding a mate in a social media dating app world
- Managing money and finances
- Developing healthy relationships with broken people
- Guilt and shame connected with the lack of fellowship in the church
- Establishing boundaries to prevent burnout and capacity challenges

Young adults come to church to find relevant preaching and healthy connection. They need healthy and relatable relationships within the body of church that encourage them to work in their giftedness and treat them as adults.

Mount Zion in the precipice of transitioning to a church that lacks young adults to a church that encourages young adult participation. We must find ways to keep and retain our young adult population.

We are activating the dance ministry in the church. If you or someone you know are interested in joining the dance ministry, please see Rev. Shirley Lytle for more information and discuss upcoming opportunities to practice.

All young adults are welcome to attend the 'Meet and Eat' event on October 6th at 12:30 p.m. Young Adults will finish their book study on Emotionally Healthy Spirituality on the 3rd Thursday, October 17th at 7:00 p.m. via Zoom.



UNCF COLLEGE AND CAREER FAIR
October 6, 2024
11:00 a.m. to 3:00 p.m.
Garfield High School
400 23rd Avenue
Seattle, WA 98122

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L-R: Carlos Williams, Leonard Elion, Jamal Shirazy, Tyree Carr III, Jeremiah Buckley, Jahaad Cole, Anthony Benjamin, and Gill Sobers-Outlaw.

Photo by Twana Manning

Team Issachar mentors recognized young men in the program for their academic excellence last month during the worship service. Each was awarded a gift card by their mentors for earning A's and B's during a specified grade reporting period. We congratulate the students for their achievements and wish them continued success on their educational journey!



Thank you, Mount Zion, AB Girls, Team Issachar, Minnie Collins, and members for helping us celebrate the beauty and importance of our world's rivers at **Libations**, a lively and family-friendly event hosted by the Cedar River Watershed! This year's World's River Day was a chance to gather as a community and enjoy an afternoon filled with vibrant music, dance, and creativity.

We are grateful for your support and participation.



Enovi Chandler (she/her)
Public Education Specialist
Cedar River Watershed Education Center
City of Seattle, Seattle Public Utilities

Notes of THANKS

Dear Scholarship Ministry and Mount Zion Baptist Church,

I want to express my gratitude for the generous scholarship you have awarded me for my medical school education. Your support is not only a tremendous financial help but also a great source of encouragement as I pursue my dreams of becoming a physician. I am deeply moved by your faith in my potential and your commitment to supporting my journey.

This scholarship will significantly ease the financial burden of my education, allowing me to focus more on my studies and less on financial concerns. I am inspired by your generosity and will strive to honor your support by working diligently and giving back to the community in

the future.

Thank you once again for your kindness. I am truly blessed to be part of such a caring and supportive church family.

With sincere appreciation, Anise Marshall

Dear Mount Zion Scholarship Committee,

Thank you once again for providing me with such a gracious gift as I prepare for my last year at the University of Washington. Just knowing that I have such strong spiritual and financial support from my community motivates me to do everything I can to make my dreams a reality.

As I pursue a degree in Public Health, I aim to make a positive impact in the lives of those in need. This generous scholarship allows me to dedicate myself fully to my studies and my passion for public health. My commitment to social justice drives me to volunteer, mentor, and engage with marginalized communities. I believe that earning this degree will equip me with the skills and knowledge necessary to address health disparities and work towards meaningful change.

Reflecting on my journey, I have faced both challenges and accomplishments as I discover my passions and deepen my faith. I strive to take each step with trust in God, poised in alignment with what I believe He wants for me.

I am especially thankful to Mount Zion for believing in my potential and keeping me in your prayers. Your encouragement has played a vital role in my growth, both spiritually and mentally.

Thank you once again for your generous support. I look forward to making a difference in my community with the strong foundation you have helped provide.

Sincerely, Clifton Marshall

MISSIONS AND EVANGELISM would like to thank all of the people who donated school supplies for the children at Bailey Gatzert and Leschi Elementary Schools. God has blessed us abundantly. We thank **Keith Ervin** and the Community Coordinators for their assistance. We appreciate the ministries and members for your generosity:

Doris Jones, M & E Chair and Anna Rivers, M & E Co-Chair

Parlor Donations – **THANK YOU! Diaconate, Trustee, Seniors, Music and Arts Ministries Volunteers:** Emma Cotton, Deacon Carol Versey, Deborah Hilsman, Phillip Miller, Catherine Marshall, Deacon Emilee Capps, Deacon Lois Harris, Deacon Juanita Twiggs, Marthyann Horn, Deacon John Capps, George Thomas, Debra Harris-Branham, Kermit Sullivan, Patricia Bruce-Sullivan, Malver Haynes, Dennis Carlisle, Yvonne Ervin Carr, Faye Smith, Catherine Acox, Collette Robinson, Angela Burgess and any names we may have omitted.

More THANX for office supplies, donations and assistance provided by Janet Jones Preston, Emma Cotton, Deborah Hilsman, Catherine Acox, Gayle Carlisle, Daphne Piggee, Brenda Charles-Edwards, Phillip Miller, George Thomas, Marthyann Horn, Deacon Carol Versey, and Dr. Georgia McDade.



SISTER TO SISTER IN CHRIST

NEWS FROM THE WOMEN'S MINISTRY

Rev. Dr. Phyllis R. Beaumonte, President

Dear Women's Ministry Officers, Circle Leaders and Members:

The Women's Ministry's election for the 2025-2027 term is fast approaching. The following positions below will be open:

President

Vice-President

Financial Secretary

Treasurer

Recording Secretary

Assistant Recording Secretary

Personal Development Coordinator

Missions and Service Coordinator

If you are interested in serving, or would like to nominate someone who meets the qualifications, please contact Winona Hollins-Hauge, Chairperson of the Nominating Committee, for more details and the nomination forms. Thank you.



Domestic Violence: A Survivor-Centered Biblical Study



Rev. Simone Oliver, Revision Ministries Presenter

Join us October 28th, November 4th and 11th 6:00-8:30PM ET LIVE on Zoom Price: \$85

REGISTER NOW

www.abwomensministries.org/events or call 610-768-2288 for more information



ABWM is now accepting applications for sectional board positions! We invite passionate and dedicated individuals to contribute to our mission by joining our Board of Directors. Applications are open until October 31, 2024. Don't miss this opportunity to be part of a vibrant team driving positive change. Sectional nominating committees should submit their slate by November 30, 2024.

https://forms.gle/z1stsTq4Rk4GL6cz5

Warm regards, Rev. LaThelma Yenn-Batah Executive Director

Celebrate the start of the NEW RAPIDRIDE G Line

METRO THANKS MOUNT ZION FOR THE SUPPORT AND COOPERATION EXTENDED DURING CONSTRUCTION OF THE RAPIDRIDE G LINE.

METRO OPENING CELEBRATION





Deacons John and Emilee Capps and Rev. Dr. Phyllis Beaumonte were program participants



Congratulations, Heather Harris, on your faculty appointment to the Seattle Dance Conservatory.

You can find also find heather teaching at Miller's Launch, Spectrum, Dance Theater, [68] and Arts Corps.

God has blessed her to share her creative talents doing what she loves most...**DANCING!**

JUBILEE

.Created and directed by Tazewell Thompson Vocal arrangements by Dianne Adams McDowell Orchestrated by Michael Ellis Ingram October 12, 13, 16, 19, 20, 22, 25, & 26,

McCaw Hall

A WORLD PREMIERE OPERA. Not long after Emancipation and the end of the Civil War, the historic **FISK JUBILEE SINGERS** came together and changed music forever. Telling the story of the ensemble's early members, this opera—which includes **over 40 African American spirituals**—follows them on their first

tours, raising funds for Fisk University and spreading their music around the world. From threats of violence to a pivotal performance for Queen Victoria, the singers share their personal



histories through powerful vignettes full of humor, heartbreak, and hope.

Featuring an enduring storyline by renowned writer and director Tazewell Thompson (*Blue* '22), *Jubilee* showcases 13 singers performing spirituals such as "Swing Low, Sweet Chariot," "Balm In Gilead," "Deep River," "Go Down, Moses," "Wade In The Water," "Steal Away," and "Didn't My Lord Deliver Daniel." Originally conceived, written, and performed by enslaved peoples, these powerful and popular pieces have been an integral part of American music throughout history.



October 25th and 26th at Tabernacle M.B.C.

Community News





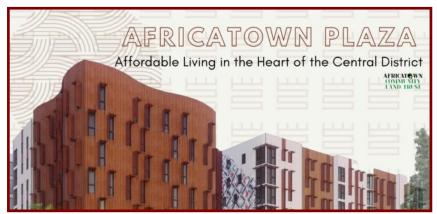
ARE YOU A SENIOR OVER 61 WHO OWNS A HOME AND LIVES IN MARTIN LUTHER KING COUNTY? DO YOU HAVE AN INCOME OF \$84,000.00 OR LESS? YOU COULD BE ELIGIBLE FOR A PROPERTY TAX REDUCTION/REFUND. MANY IN OUR COMMUNITY ARE NOT AWARE OF PROGRAMS THAT CAN ASSIST HOMEOWNERS. FOR MORE INFORMATION AND REQUIRED FORMS, GO TO THIS LINK:

https://senior-exemption.kingcounty.gov/intro

There are programs in every county w/different income eligibility requirements.

- Property tax assistance program for widows or widowers of veterans
- Property tax deferral program for homeowners with limited income
- Property tax deferral program for senior citizens and people with disabilities

Note: These programs are only available to individuals whose primary residence is located in the State of Washington.



COVENANT HOMEOWNERSHIP DPA PROGRAM WHO IS ELIGIBLE?

Washington Residents who either

- Was a resident on or prior to April 11, 1968 and was or would have been excluded from homeownership by a racially restrictive coverant on or prior to April 11, 1968, OR
- Is a descendent of a person described in clause (1)
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THE DETAILS

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MAXIMUM INCOME LIMITS

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- SNOHOMISH COUNTY \$147.400
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Single Family Detached, Attached, Condos, Manufactured Homes, PUD, & 2 Unit Duplexes that are acceptable to Fannie Mae, Freddie Mae, FHA, VA, or USDA Rural Development

DOCUMENTATION

Submit proof of residency of homebuyer and a letter about how they or their family were discriminated against with homeownership. Acceptable documents include:
Birth certificates, Death certificates, Marriage certificates, School records, Church records. Probate Records, Employer records, Military records, Newspaper clippings, Genealogical records from reliable sources, Tribal membership records, Draft Card, Census data

Call . Text. Email w/any questions. I am available for you. Blessings,





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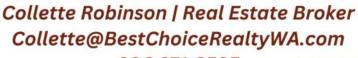
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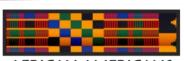
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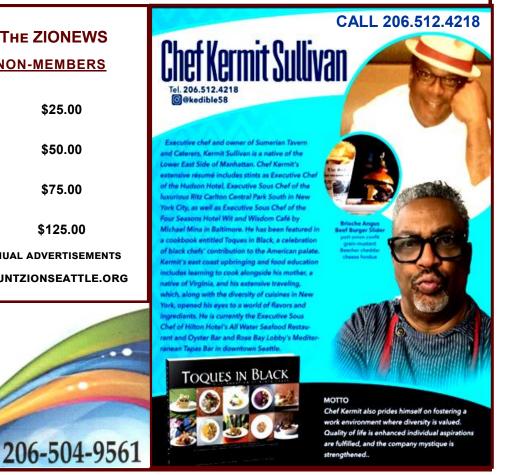
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